

SECTION 01

Understanding Dry Eye

Q3 What is dry eye syndrome?

A condition where the eyes do not produce enough quality tears, leading to irritation, burning, redness, and blurred vision.

Q4 What are the most common symptoms?

Burning, dryness, redness, blurred vision, unexpectedly watery eyes, and sensitivity to light.

Q5 What causes dry eye?

Screen time, aging, hormonal changes, environmental factors, contact lens use, or meibomian gland dysfunction (MGD).

Q6 What is MGD (Meibomian Gland Dysfunction)?

One of the leading causes of dry eye. MGD occurs when oil glands in the eyelids become blocked or dysfunctional, disrupting the protective tear film.

86% of dry eye cases involve MGD — yet most patients only receive eye drops that treat symptoms, not the underlying cause. (*Lemp MA et al. Cornea. 2012*)

SECTION 03

Finding Care & Booking

Q7 How can I find a dry eye specialist near me?

Use the provider directory to find certified eye care professionals and clinics offering dry eye evaluation and Tixel treatment near your location.

Q8 Can I book a dry eye appointment online?

Yes. You can book or schedule a dry eye consultation directly with participating providers through the online booking system.

Q9 Do I need a referral to see a dry eye specialist?

In most cases, no referral is required. Patients can book directly with a dry eye specialist at their chosen clinic.

Q15 How do I know which provider is right for me?

You can compare providers based on location, specialization, and available dry eye treatment options using the provider directory.

SECTION 02

About Tixel Treatment

Q1 What is Tixel treatment for dry eye?

Tixel is a non-laser, FDA-cleared treatment that uses thermo-mechanical energy to improve eyelid gland function and support tear film stability.

Q2 How does Tixel help with dry eye?

By gently stimulating the eyelid area, Tixel helps restore meibomian gland function — leading to better tear quality and reduced dry eye symptoms over time.

Q11 Is Tixel treatment painful?

Generally well tolerated. Patients may feel mild warmth during the procedure, but discomfort is minimal and temporary. Topical anesthesia is available.

Q12 Who is a good candidate for Tixel?

Patients with chronic dry eye, MGD-related dry eye, or those not responding well to standard treatments such as eye drops may benefit from Tixel therapy.

Q13 How long does treatment take to work?

Results vary by severity. Many patients notice improvement over several weeks. Clinical studies show lasting relief through a full 6-month follow-up.

SECTION 04

Practical Information

Q10 What treatments are available for dry eye?

Options include eye drops, lifestyle changes, gland expression therapies, and advanced in-clinic treatments such as Tixel technology.

Q14 Is dry eye treatment covered by insurance?

Coverage depends on your country and clinic. Patients should check directly with their chosen provider regarding costs and coverage options.

Q16 Is this platform free to use?

Yes. Browsing the provider directory and finding clinics is free. Treatment costs are determined by the individual clinic.

Ready to take the next step?

Talk to your doctor about Tixel for Dry Eye, or visit tixelmed.com to find a provider near you.